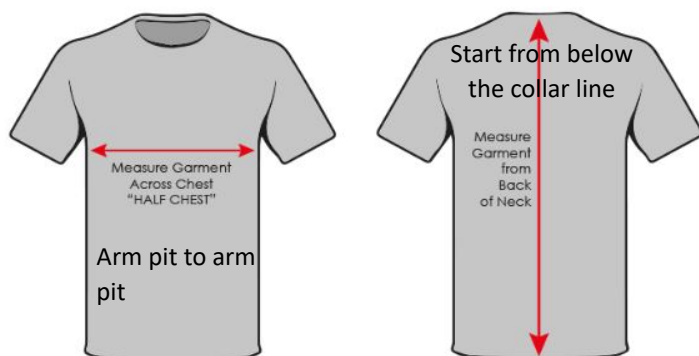


## Size Guide – Relaxed Fit Tops

All measurements in Metric (cm)	XXSB	XSB	SB	MB	LB	XLB/ YTH	SM	MM	LM	XLM	2XLM	3XLM	4XLM
Centre Back Length	46	51	54	58	63	67	70	73	76	79	82	82	83
Half chest width	37	39	42	44	46	48	50	55	60	65	70	73	75
Short Sleeve Length	21	27	33	34	35	36	40	42	44	46	48	49	50
Long Sleeve Length	48	54	61	65	69	74	77	79	81	83	85	85	86

## Size guide – Slim Fit

All measurements in Metric (cm)	XXSB	XSB	SB	MB	LB	XLB/ YTH	SM	MM	LM	XLM	2XLM	3XLM	4XLM
Centre Back Length	52	55	57	62	65	70	74	77	81	83	86	86	86
Half chest width	34	36	38	40	43	45	48	52	56	60	64	68	70
Short Sleeve Length	25	27	30	32	34	36	38	39	40	41	42	43	45
Long Sleeve Length	48	52	58	64	67	72	75	77	79	81	84	84	85



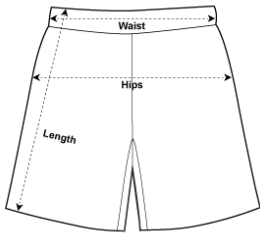
To find the best fit, measure your existing T Shirt, or a T Shirt you consider to be a good fit.

Lay it down flat, face down and take the two measurements as shown in the picture.

Then find the best match based on the size chart above. If you want to go a size bigger, then move along the table in size.

## Size Guide Shorts

All Measurements in Metric	XXSB	XSB	SB	MB	LB	XLB/ YTH	SM	MM	LM	XLM	2XL	3XL	4XL
Relaxed Waist	23	25	27	29	31	34	35	38	39	41	42	44	46
Outside Leg Length	37	39	40	41	42	43	45	47	49	51	53	53	54



To find the best fit for shorts, measure your current shorts or a pair of shorts you consider to be a good fit.

Lie your shorts down as shown in the image and measure the relaxed waist (un-stretched) and outside leg. Then choose the closest match or move along the table for a bigger size.